of the dance different uses

oldest

*

movements of the body

a succession of figures fluid

skin tendon muscle bone

movements made positions a phrase

form image

an arched form gathered

light & slow air

*

this connection with another body

the opening of communication

```
attitude of the hands
the fingers
joy
an ecstasy
```

a fibre a thread interwoven

this form exists in the muscles

skin bones ligaments cartilage

*

vibratory motions of bodies murmuring

*

enter the structure labyrinth turning the body

to form the crystalline lens

*

establish a communication between motions

smooth, solid, elastic

points communicate

ribs spine sternum

ranges of bone

soft

*

'the weight of the body is transmitted to the ground by the spring of the arch'

*

limb extended temporal

actions of the body & limbs

a centre

flowing

*

weight of the body more sensual

*

flex curve spiral bend

slowly bend

'sensation is perception'

*

numerous & varied motions

bending warping twisting leaping

running or leaping

rising

poured out

*

thrown into folds layers

*

of the properties of bodies

its branches more delicate beneath the skin

*

under surface concentric layers numberless

convulse

trembling shaking

slow swaying

a single delicate touch contact

touch is active

touched moves against

touch yielding

touch continues

*

a wide space vast

breathing alone

*

curl

tendrils filaments sinuous

slowly turning

looping inwards

elipsing

coiling

*

whorls ripples fragments

split fracture buckle arch

shatter break

scattered myriads of grains in different directions

particles in constant movement

*

streams channels diverse lines

stems & furrows

branchwork

*

erode drift

*

'angle of repose'

*

carved by waves

series of waves wind-carved

water slow action

clasp adhere hold press

*

unbroken streams continuous

branching stems

divide & subdivide how many branches

roots

twining

*

pulsing cracking fissuring

widening

deepening

cleave fold

*

strands close intricate binding

gathered into

*

muscles & skin graceful, effective

be slow bend towards

folded mountain rise

lift

*

two branches

winding

time revolve

form

*

direction of flow currents

fissures & veins

flow stone

*

straightening rising

*

drop fall

turn & sink

reverse power

melt dissolve

this is called

slow changes intricate

forces

repetition is necessary

earth folds

*

sensation & motion

residue

dark crystalline

coursing

revolving

passing beyond

*

tendons & ligaments

disintegration

into

*

expression remains